





D'Investigacions Biomèdiques August Pi i Sunyer

Terlipressin and albumin in HRS-AKI Risks / Benefits

Andrés Cárdenas, MD, MMSc, PhD, AGAF, FAASLD
GI / Liver Unit, Hospital Clinic
Institut de Malalties Digestives i Metaboliques
Associate Professor of Medicine, University of Barcelona, Spain





Introduction

- HRS-AKI is a devastating complication of advanced cirrhosis occurring in approximately 17% of AKI cases
- High 90-day mortality rate of 45% to 51%.
- Key points:
 - Securing the correct diagnosis
 - Early management
 - Administration of vasoconstrictors and albumin
 - Monitor side effects
 - End goal → reach LT (best therapy)

Acute Kidney Injury in Cirrhosis



Definition

↑ in SCr \geq 0.3 mg/dL (\geq 26.5 mmol/L) within 48 hours or \geq 1.5 times baseline level or urinary output <0.5 ml/kg/hr in 6 hr



Increase in mortality

- SCr > 1.5 mg/dL
- With increasing stage and progression



Up to 50% patients hospitalized with advanced cirrhosis have AKI

AKI in Cirrhosis

Hypovolemia:

diuretics, GI bleeding, diarrhea

Nephrotoxicity:

NSAIDs, others

AKI-HRS

often associated with bacterial infections

Intrinsic renal disease

Acute tubular necrosis:

shock, nephrotoxic drugs, other (eg, obstruction)

Miscellaneous, unknown



- ✓ Medical history
- ✓ Physical examination
- ✓ Blood tests
- ✓ Urine tests
- ✓ Abdominal US

US, ultrasound.
 Graupera I, Cardenas A. Clin Liver Dis. 2013;2:128-131.

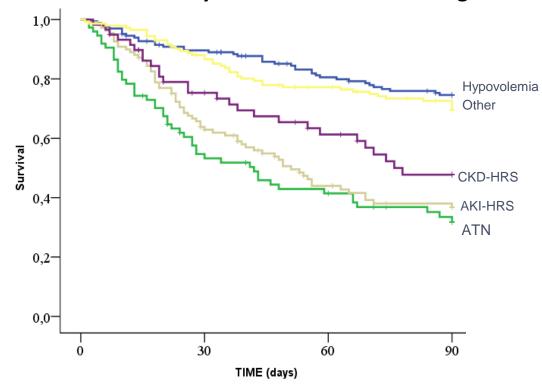
Prevalence and Causes of AKI in Patients With Cirrhosis

Prevalence and causes of AKI in patients with cirrhosis

Study	n	AKI prevalence	Causes of AKI			
		(%)	Hypovolaemia (%)	ATN (%)	HRS (%)	
Fagundes et al., 2013	375	47	35	ND	18	
Piano et al., 2013	233	27	36	ND	43	
Belcher et al., 2014	110ª	ND	50	35	15	
Alegretti et al., 2015	120ª	ND	33	29	30	
Tandon et al., 2017	4,733	36	ND	ND	ND	
Huelin et al., 2017	547	53	27	14	32	

All patients with cirrhosis had been hospitalized for complications of the disease. AKI, acute kidney injury; ATN, acute tubular necrosis; HRS, hepatorenal syndrome; ND, not determined. ^aStudies included only patients with cirrhosis and AKI.

Probability of Survival Based on Diagnosis



Stages of AKI

Stage 1

- Increase in sCr ≥ 0.3 mg/dL (≥ 26.5 mmol/L) or an increase in sCr ≥ 1.5-fold to 2-fold from baseline
- 1A vs 1B is based on absolute sCr level of 1.5 mg/dL



Stage 2

Increase in sCr > 2-fold to 3-fold from baseline



Stage 3

Increase of sCr > 3-fold from baseline or sCr ≥ 4.0 mg/dL
 (≥ 353.6 mmol/L) with an acute increase ≥ 0.3 mg/dL (≥ 26.5 mmol/L) or initiation of RRT

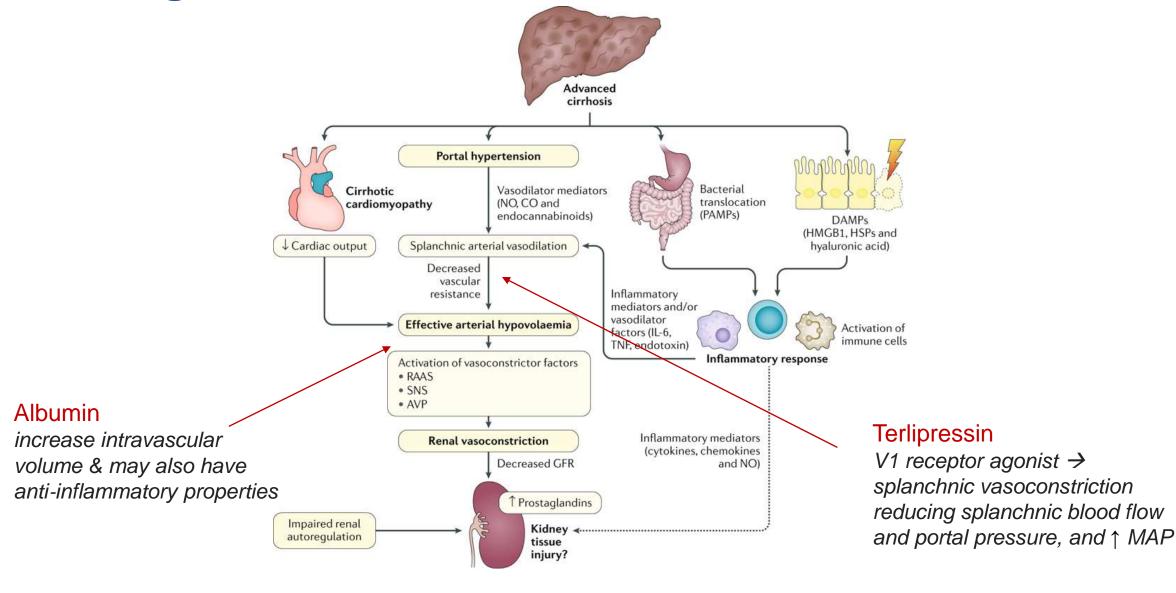
- RRT, renal replacement therapy.
- European Association for the Study of the Liver. J Hepatol. 2018;69:406-460.

Categorization of AKI-Stage 1 SCr Value at Diagnosis of AKI

Variable	AKI-1A (SCr <1.5 mg/dL), $n = 58$	AKI-1B (SCr ≥1.5 mg/dL), n = 139	<i>P</i> Value
Frequency (of all AKI cases), %	29.4	70.6	NA
AKI resolution, %	90	52	<i>P</i> <.001
AKI progression, %	15	31	P =.017
Associated ACLF, %	22	76	<i>P</i> <.001
3-month survival, %	84	58	P =.001

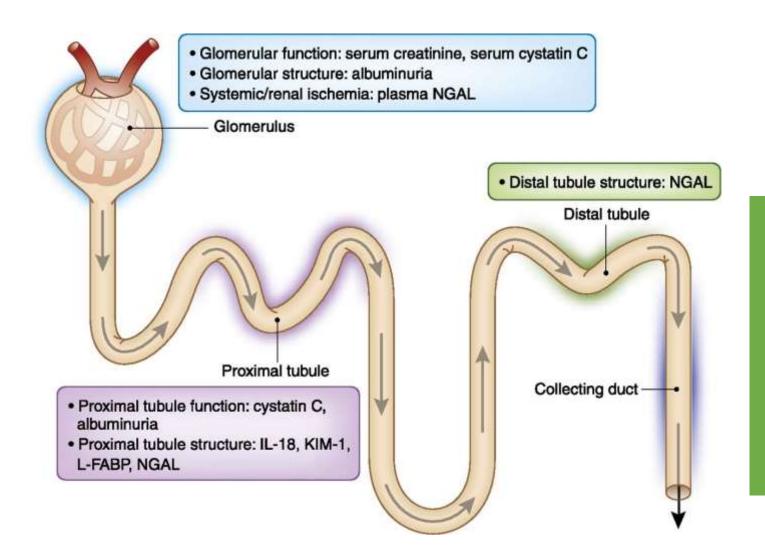
ACLF, acute-on-chronic liver failure.
 Huelin P, et al. Clin Gastroenterol Hepatol. 2017;15:438-445.e5.

Pathogenesis of HRS



Ginès P, et al. Nat Rev Dis Primers. 2018;4:23.

Biomarkers of Tubular Damage / uNGAL



Neutrophil gelatinase-associated lipocalin (NGAL) – protein from lipocalin superfamily.

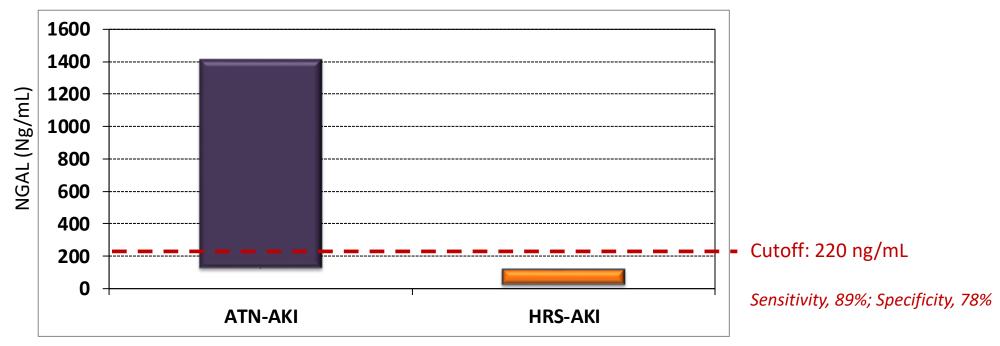
Acute-phase reactant released from neutrophils, macrophages, and other immune cells in response to inflammation or epithelial injury

Adapted from Koyner et al, Clin J Am Soc Nephrol. 2013;8:1034-1042.

Urinary NGAL Values in Patients With Cirrhosis and HRS and ATN

- NGAL has high accuracy in the differential diagnosis between ATN and other types of AKI, including HRS-AKI and hypovolemia-induced AKI.
 - Useful in predicting the response to terlipressin and albumin (Hepatology. 2023 May 1;77(5):1630-1638)





uNGAL is currently used in clinical trials, but is not widely available

• ATN, acute tubular necrosis; AUC, area under the curve; NGAL, Neutrophil gelatinase-associated lipocalin.. Huelin P et al. Hepatology. 2019;70:319-333. Gambino et al. Hepatology. 2023 May 1;77(5):1630-1638.

HRS-AKI Diagnostic Criteria

OLD NAME

NEW NAME

HRS type 1

- Doubling of serum creatinine to a concentration ≥2.5 mg/dL within 2 weeks
- No response to diuretic withdrawal and 2 day fluid challenge with 1 g/kg/day of albumin 20-25%
- Cirrhosis with ascites
- Absence of shock
- No current or recent use of nephrotoxic drugs (NSAIDs, contrast dye, etc)
- No signs of structural kidney injury
 - Absence of proteinuria (>500 mg/day)
 - Absence of hematuria (>50 RBCs per high power field)
 - Normal findings on renal ultrasonography

HRS-AKI

Increase in serum creatinine of ≥0.3 mg/dL within 48 hours

OR

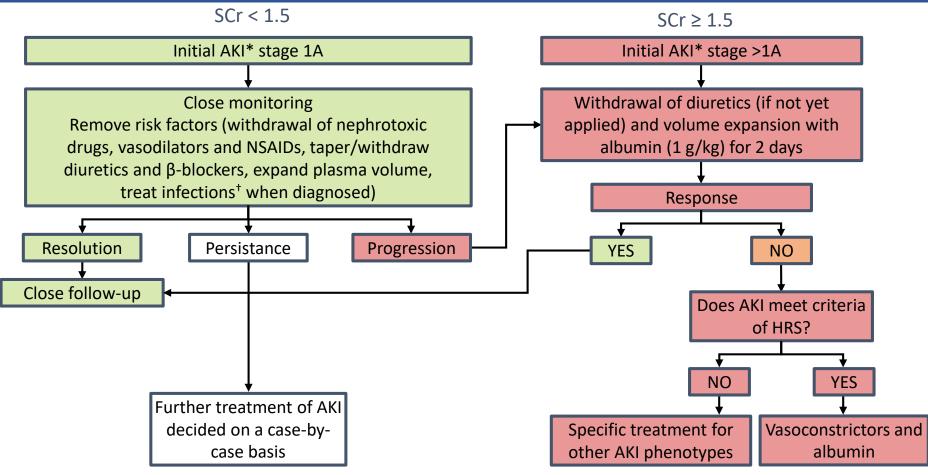
Increase in serum creatinine ≥1.5 times from baseline (creatinine value within previous 3 months, when available, may be used as baseline, and value closest to presentation should be used)

- No response to diuretic withdrawal and 2 day fluid challenge with 1 g/kg/day of albumin 20-25%
- Cirrhosis with ascites
- Absence of shock
- No current or recent use of nephrotoxic drugs (NSAIDs, contrast dye, etc)
- No signs of structural kidney injury
 - Absence of proteinuria (>500 mg/day)
 - Absence of hematuria (>50 RBCs per high power field)
 - Normal findings on renal ultrasound

• Simonetto DA, et al. BMJ. 2020;370:m2687 / European Association for the Study of the Liver. J Hepatol. 2018;69:406-460.

Management Algorithm for AKI in Cirrhosis

Investigation and management should begin immediately

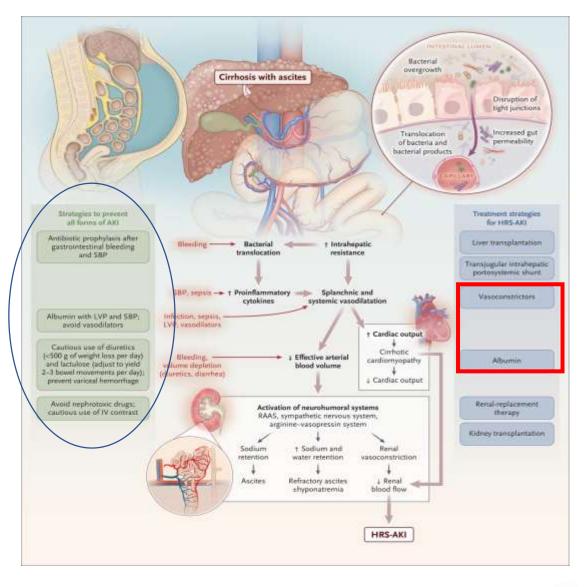


 ^{*}Initial AKI stage is defined as AKI stage at the time of first fulfilment of the AKI criteria.

[†]Treatment of spontaneous bacterial peritonitis should include albumin infusion according to current guidelines. Adapted from Angeli P, et al. J Hepatol 2015;62:968-974.

European Association for the Study of the Liver. J Hepatol. 2018;69:406-460.

Prevention and treatment of HRS-AKI



Terlipressin effect on hepatorenal syndrome: Updated meta-analysis

8 RCT (n = 974) 534 patients with terlipressin vs 440 patients with placebo

No difference in survival at 90 days between groups (RR 1.09; 95% CI (0.84,1.43),P=0.52

Reversal of hepatorenal syndrome

	Terlipre	ssin	Place	bo		Risk Ratio	Risk Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI
Boyer et at (REVERSE)2016	19	97	13	99	14.6%	1.49 [0.78, 2.85]	-
Martin-Ilahi et al 2008	9	23	1	23	2.4%	9.00 [1.24, 65.41]	
Neri et al 2007	21	26	5	26	10.9%	4.20 [1.87, 9.44]	
Sanyal et al 2008	19	56	7	56	11.4%	2.71 [1.24, 5.94]	
Silawat et al 2011	20	30	10	30	17.1%	2.00 [1.14, 3.52]	
Solanki et al 2003	5	12	0	12	1.3%	11.00 [0.67, 179.29]	-
Wong et al (CONFIRM) 2021	63	199	17	101	20.1%	1.88 [1.16, 3.04]	
Wong et al (REVERSE 2) 2019	34	91	25	93	22.1%	1.39 [0.91, 2.13]	 •
Total (95% CI)		534		440	100.0%	2.08 [1.51, 2.86]	•
Total events	190		78			ententente de la companya del companya de la companya del companya de la companya	
Heterogeneity: Tau2 = 0.07; Chi2	= 11.21, df	= 7 (P	= 0.13); P	= 38%	ř.		104 010 015 4 10 15 46
Test for overall effect: $Z = 4.49$ (P	< 0.00001)					0.1 0.2 0.5 1 2 5 10 Placebo effect Terlipressin effect

ORIGINAL ARTICLE

Terlipressin plus Albumin for the Treatment of Type 1 Hepatorenal Syndrome

F. Wong, S.C. Pappas, M.P. Curry, K.R. Reddy, R.A. Rubin, M.K. Porayko, S.A. Gonzalez, K. Mumtaz, N. Lim, D.A. Simonetto, P. Sharma, A.J. Sanyal, M.J. Mayo, R.T. Frederick, S. Escalante, and K. Jamil, for the CONFIRM Study Investigators*

ABSTRACT

BACKGROUND

The vasoconstrictor terlipressin is used for type 1 hepatorenal syndrome (HRS-1) in many parts of the world and is part of the clinical practice guidelines in Europe.

METHODS

We conducted a phase 3 trial to confirm the efficacy and safety of terlipressin plus albumin in adults with HRS-1. The patients were randomly assigned in a 2:1 ratio to receive terlipressin or placebo for up to 14 days; in both groups, concomitant use of albumin was strongly recommended. The primary end point was verified reversal of HRS, defined as two consecutive serum creatinine measurements of 1.5 mg per deciliter or less at least 2 hours apart and survival without renal-replacement therapy for at least 10 days after the completion of treatment. Four prespecified secondary end points were analyzed with the Hochberg procedure to account for multiple comparisons.

The authors' full names, academic degrees, and affiliations are listed in the Appendix. Address reprint requests to Dr. Wong at the Department of Medicine, University of Toronto, 200 Elizabeth St., Toronto, ON M5G 2C4, Canada, or at florence.wong@utoronto.ca.

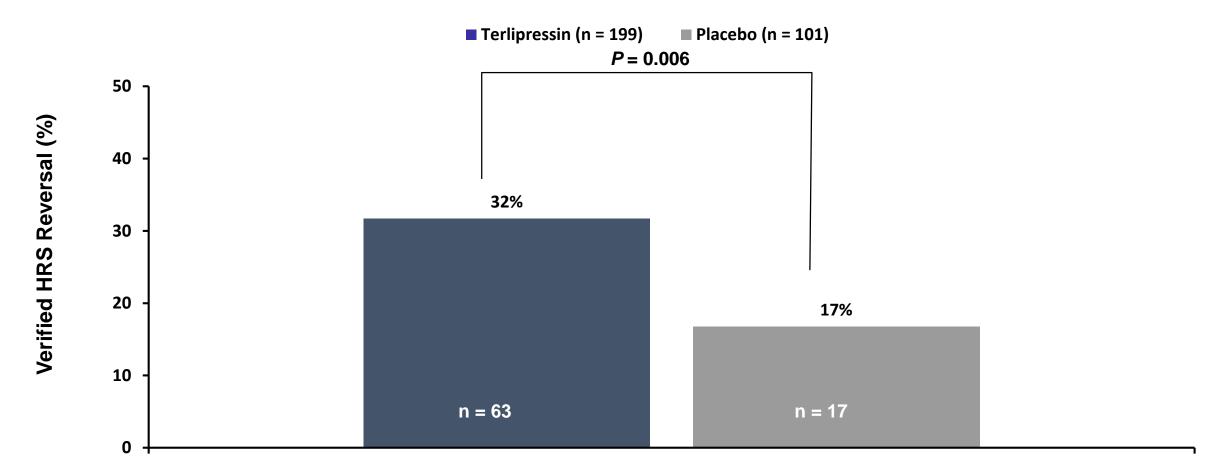
*A complete list of investigators in the CONFIRM Study are listed in the Supplementary Appendix, available at NEJM.org.

N Engl J Med 2021;384:818-28. DOI: 10.1056/NEJMoa2008290 Copyright © 2021 Massachusetts Medical Society.

Terlipressin and Albumin for HRS: CONFIRM STUDY

Primary Endpoint: Verified HRS reversal:
Two Scr levels of 1.5 mg/dl or less up to 2 weeks and survival without RRT for 10 days

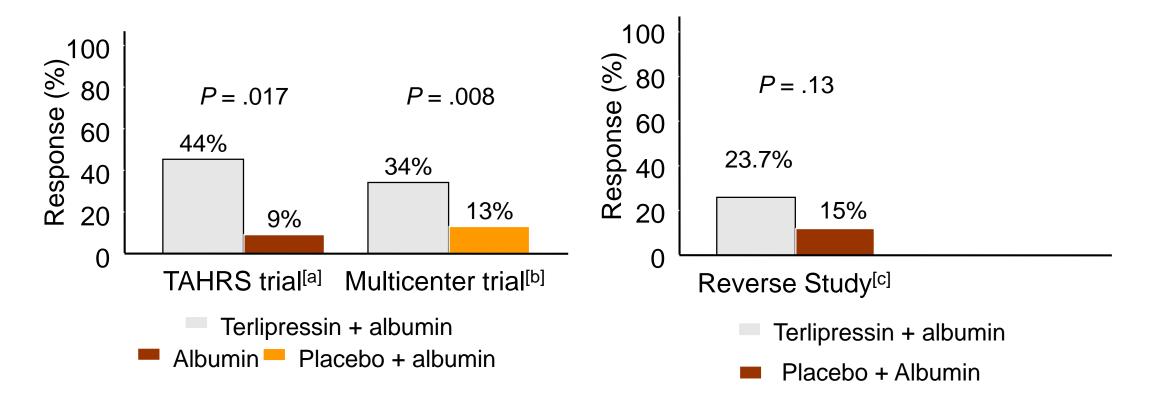
Outcome / Given IV bolus



Z score = 2.52618.

CONFIRM study. Wong F, et al. N Engl J Med. 2021 Mar 4;384(9):818-828.

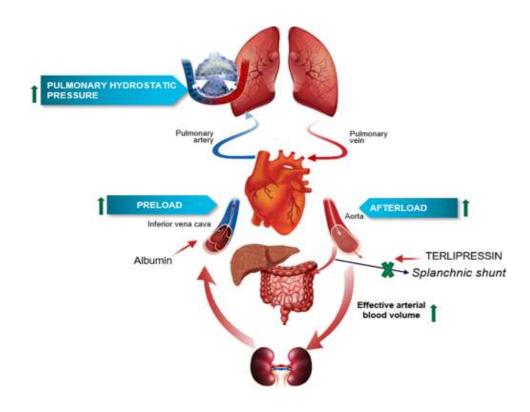
Terlipressin and Albumin: Response to Treatment (bolus dosing)



Terlipresin IV continous infusion response rate 75% (Cavallin, Hepatology 2016)

Adverse Events - CONFIRM

- Respiratory failure:
- 13.5% terlipressin vs 5% placebo
- Not reported in previous trials.
- Possible contributing factor → high doses of albumin pre and post randomization
 - Mean total doses of 500-600g.
- Other AE's-
 - abdominal pain, nausea, diarrhea- 10%
 - Ischemic events (heart, extremities, tongue, nose, scrotum) – 5%



Terlipressin - \uparrow hydrostatic pressure due shunting $\& \uparrow SVR$

Albumin- ↑ in plasma volume in combination with the effects of increased pre- and afterload

Risk / Benefit

Risk

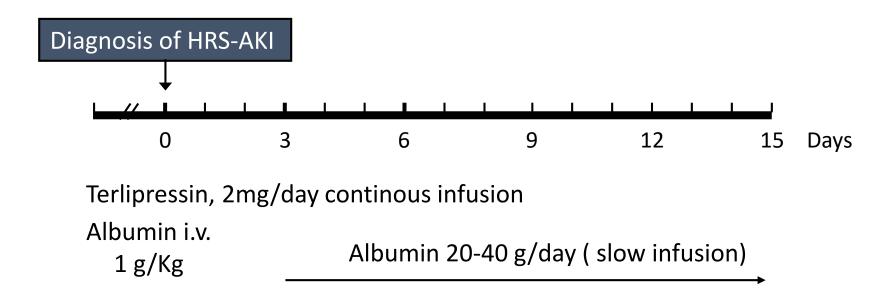
- Not securing the diagnosis
- Adverse events
- Volume overload
- Administration in patients :
 - Ischemic heart disease
 - *ACLF 3*
 - Serum Cr > 5mg /dl

Benefit

- HRS reversal
- ↑ urinary output and serum Na
- Better ascites control
- Less ICU / hospital stay
- Less RRT
- Reach LT with low GFR

HEPATORENAL SYNDROME

Treatment with terlipressin and albumin



Increase terlipressin dose if creatinine does not decrease by 25% on day 2

Clinical Points- Talk to your nurses!



CARDIAC MONITOR FOR 1ST 24 HOURS



VITAL SIGNS EVERY 6-8 HOURS, INCLUDING URINE OUTPUT



CENTRAL VENOUS PRESSURE MONITORING IF POSSIBLE



TERLIPRESSIN CONTINUOUS INFUSION STARTING AT 2MG/ 24 AND TITRATE UP TO MAX DOSE OF 12 MG / DAY



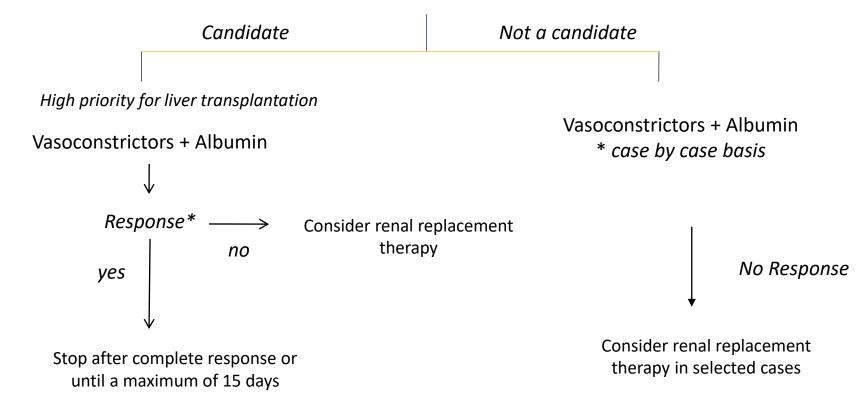
ALBUMIN INFUSION AT SLOW RATE OF 10 GM IN 2-3 HOURS

Nurses' workflow at Hospital Clinic / Hepatology Ward (courtesy of Ana Alonso, RN) with guidance of Dr Pere Gines and team

1. Baseline assessment	 -Before terlipressin: detailed history and exam with vital sign assessment (including urine output) -Consider: ACLF grade, pulse oximetry, chest x-ray, echocardiography, and volume status. - Terlipressin should only be initiated if: Patient has a clear indication for therapy Risk/benefit ratio favors initiation No risk factors for worsening respiratory status (ACLF grade 3, pulse oximetry <90% or >2L oxygen requirement, abnormal ejection fraction, pulmonary edema on CXR)
2. Ongoing assessment	Regularly monitor vital signs, pulse oximetry, volume status and urine output. If the patient: has stable respiratory function and volume status, continue terlipressin demonstrates worsening hypoxia, consider stopping or holding terlipressin
3. Stop terlipressin	Stop terlipressin if: - SCr is <1.5 mg/dL (2 consecutive tests) or within 0.3 mg/dL of baseline (treatment success) - SCr is at or above pre-treatment value 72 hours after terlipressin (treatment failure) - Patient treated for 2 weeks (maximum recommended treatment course) - Serious adverse events, including respiratory compromise

Hepatorenal Syndrome

Evaluate for liver transplantation



Muchas Gracias



Management of HRS-AKI: treatment

• First-line therapy is terlipressin plus albumin*

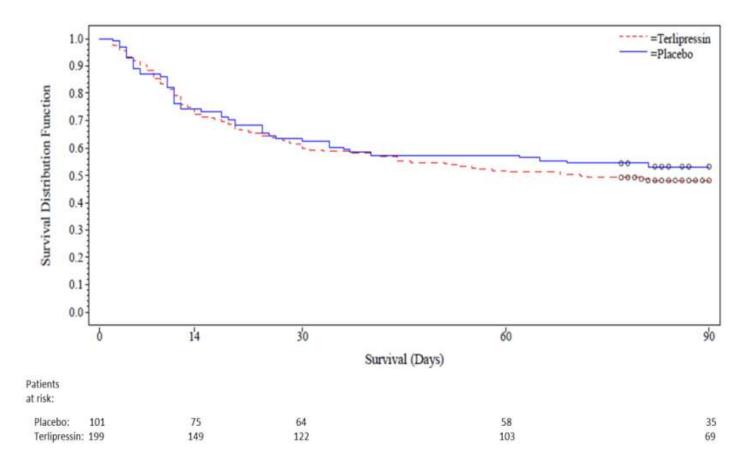
Recommendation Grade of evidence Gra	de of recom	mendation
All patients meeting the current definition of HRS-AKI stage >1A should be expeditiously treated with vasoconstrictors and albumin	III	1
Terlipressin can be administered by IV boluses (1 mg every 4–6 hours) or by continuous IV infusion (2 mg/day)† • In case of non-response (decrease in SCr <25% from the peak value) after 2 days, the dose of terlipressin should be increased in a stepwise manner to a maximum of 12 mg/day	I	1
Albumin solution (20%) should be used at 20–40 g/day Serial measures assessing central blood volume can help to titrate the dose of albumin to prevent circulatory overload	II-2	1
Noradrenaline can be an alternative to terlipressin [‡] • Requires a central venous line often in an ICU Midodrine + octreotide can be an option when terlipressin or noradrenaline are unavailable (but efficacy is much lower)	 	2 1 1

^{*}Grade of evidence I, grade of recommendation 1;

[†]Continuous IV infusion allows for dose reduction to reduced adverse effects; [‡]Limited data are available EASL CPG decompensated cirrhosis. J Hepatol 2018;doi: 10.1016/j.jhep.2018.03.024

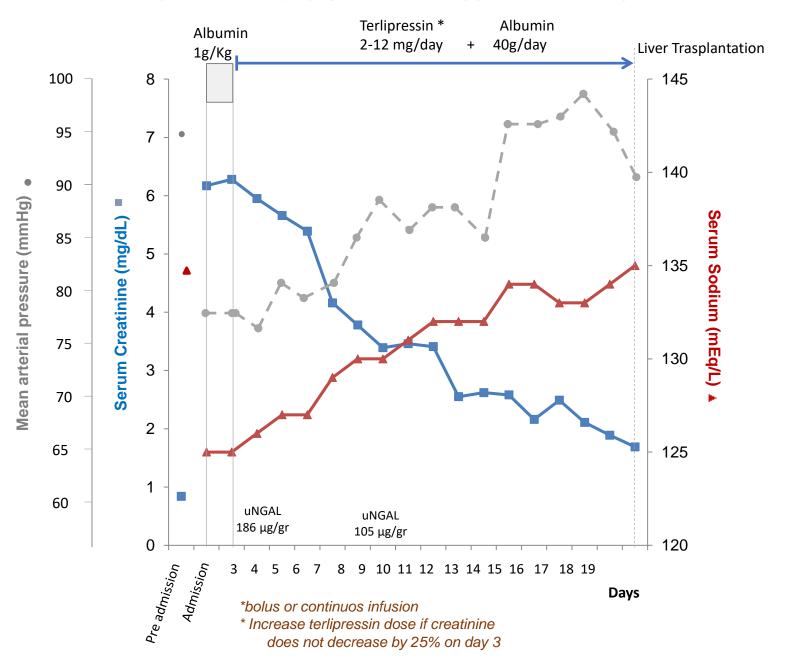
CONFIRM Study- Overall Survival

At day 90, liver transplantations had been performed in 46 patients (23%) in the terlipressin group and 29 patients (29%) in the placebo group, and death occurred in 101 (51%) and 45 (45%), respectively (p=ns)

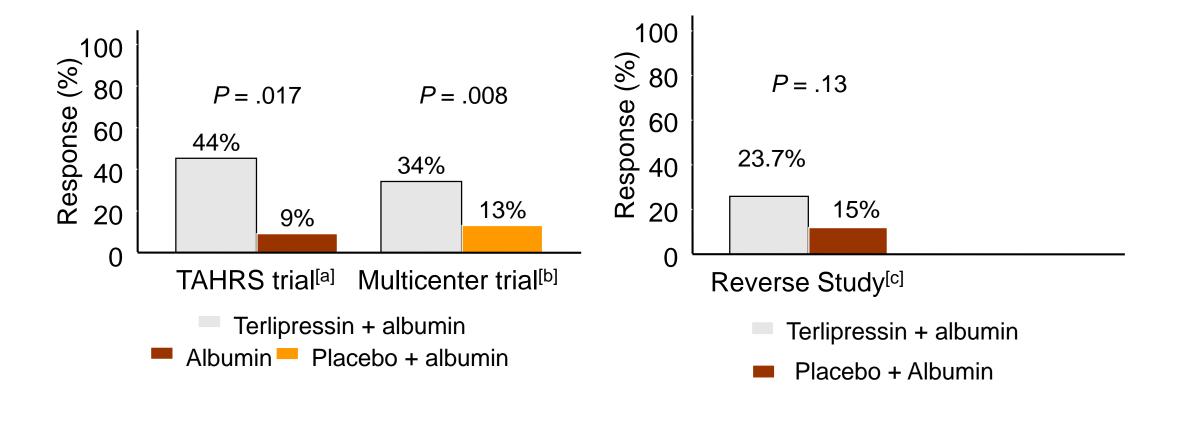


N Engl Med. 2021 Mar 4;384(9):818-828

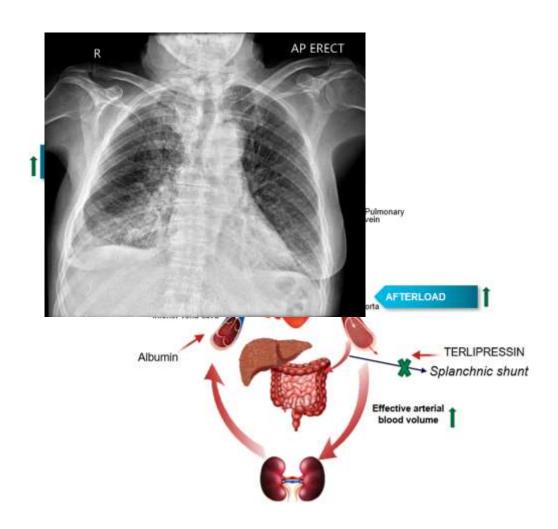
HRS AKI. EFFECTS OF TERLIPRESSIN AND ALBUMIN



Terlipressin and Albumin: Response to Treatment



- 1. Terlipressin increases hydrostatic pressure within vessels by:
- 2. Shunting blood from the dilated splanchnic vascular beds and into central circulation (increasing cardiac preload)
- 3. Increasing systemic vascular resistance (increasing cardiac afterload).
- 4. IV albumin increases plasma oncotic pressure (decreasing fluid movement out of the vascular space) and the increase in plasma volume in combination with the effects of increased pre- and afterload likely contributes more to increased hydrostatic pressures



Points for Clinical Practice

1. Hospital admission

Patient with cirrhosis and ascites develops \footnote{SCr}



4. Administer terlipressin

Bolus injection 0.5 mg to 1 mg x 4/day on a general ward, or continuous infusion



2. Management

- Stop diuretics, nephrotoxic drugs
- Evaluate for sepsis ± treat with antibiotics (40% SIRS)
- IV albumin (1g/kg max) and crystalloids as appropriate



5. Monitor patient

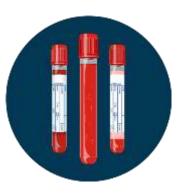
- Change in BP, urine output
- ↓SCr (12 to 24 h)
- Kidney function improves (2 to 3 d)



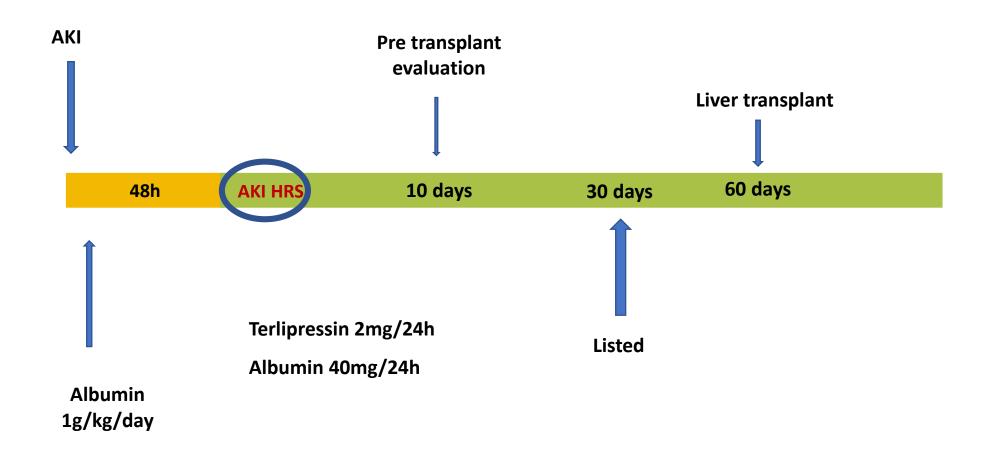
Treatment response is usually evident within 12-24 h

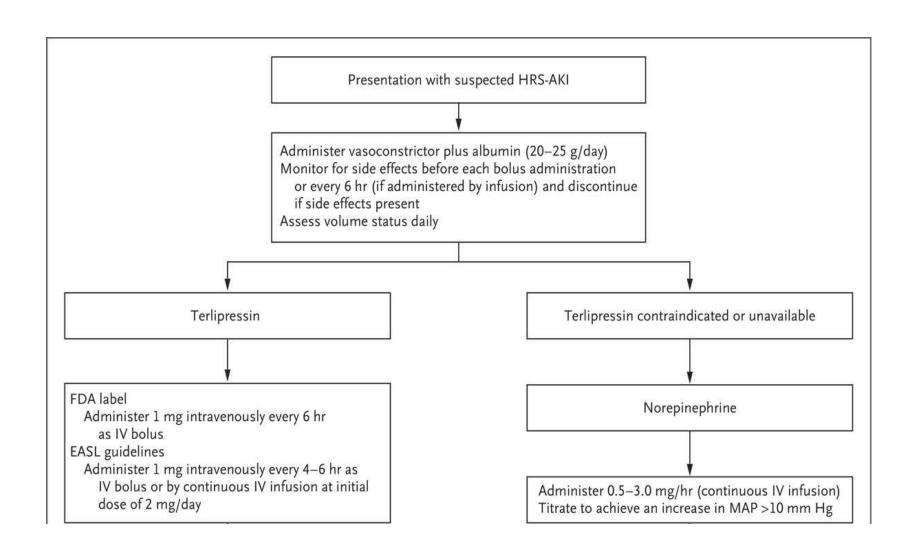
3. Diagnose with HRS-AKI

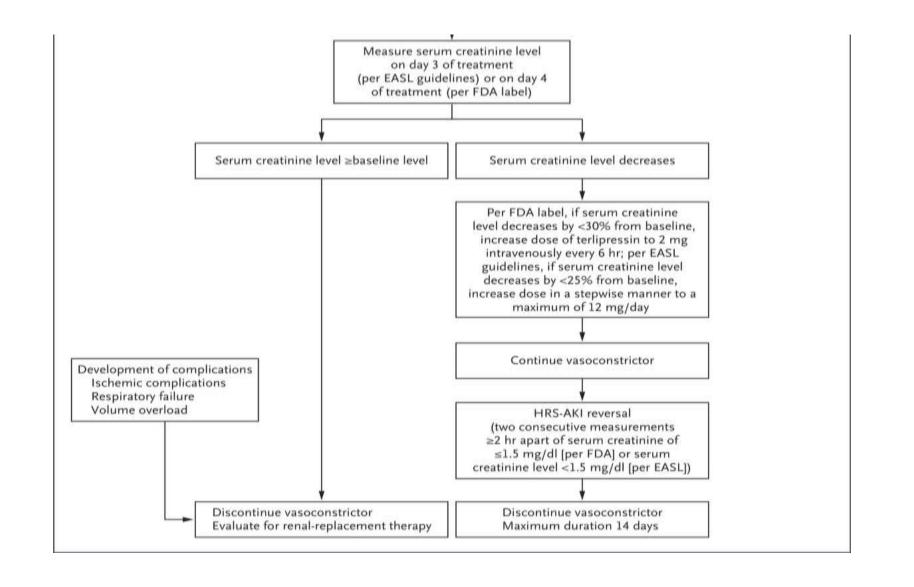
If no significant ↓SCr by 24 to 48 h



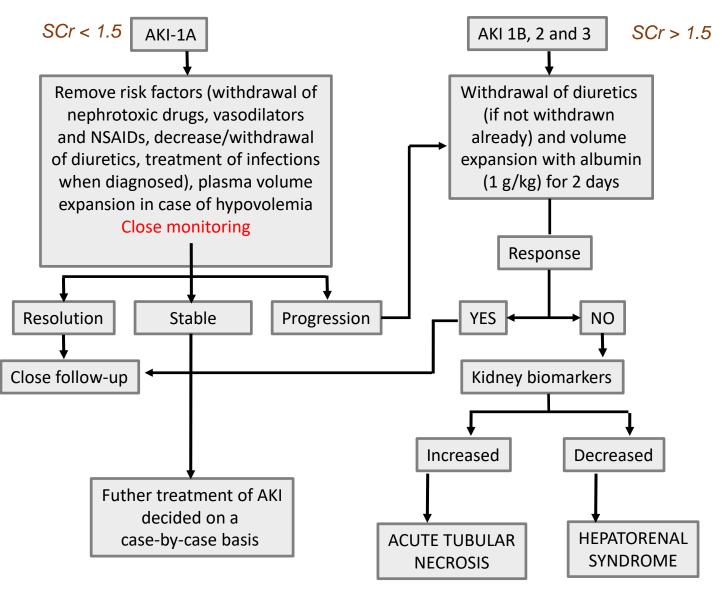
The aim of terlipressin is to buy time to enable recovery of liver and kidney function in a patient with a reversible deterioration of liver function







MANAGEMENT OF AKI IN PATIENTS WITH CIRRHOSIS

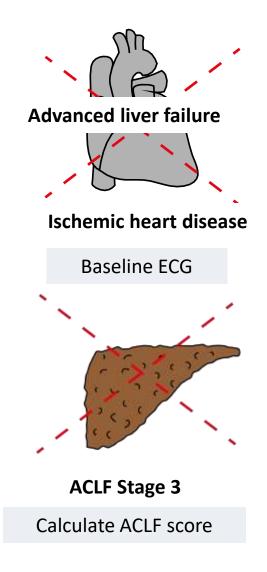


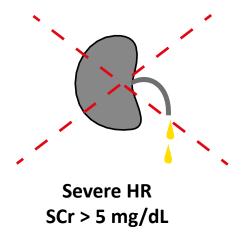
Initial Steps

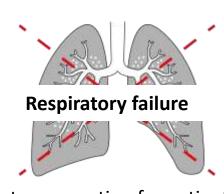
- Stop nephrotoxic drugs, vasodilators, (NSAIDs) and diuretics
- **Culture for bacterial infections**
- Rule out hypovolemia
- Prerenal AKI IV albumin 1gr/kg
- Urine microscopy and urine sodium excretion
- Neutrophil gelatinase associated lipocalin (NGAL) if available
- Renal ultrasound



When to Be Cautious With Terlipressin



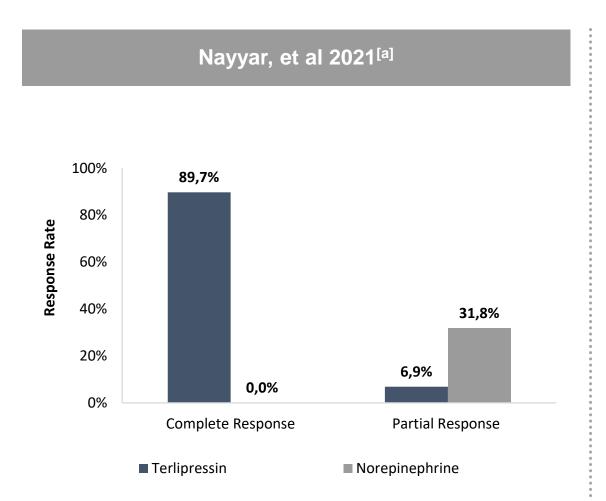


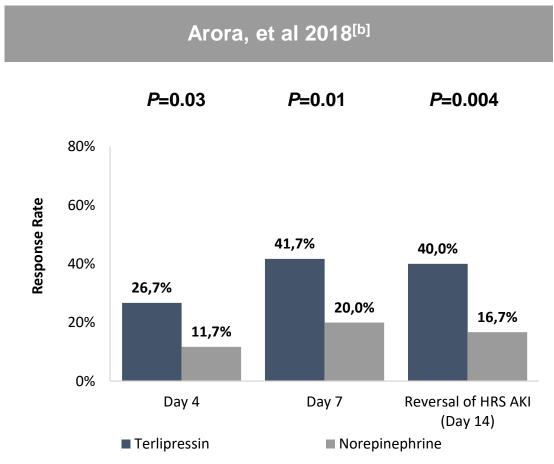


Extreme caution for patients with pulmonary edema

Listen to chest, CXR, FiO2/SpO2 ratio

Response Rate Terlipressin vs Norepinephrine

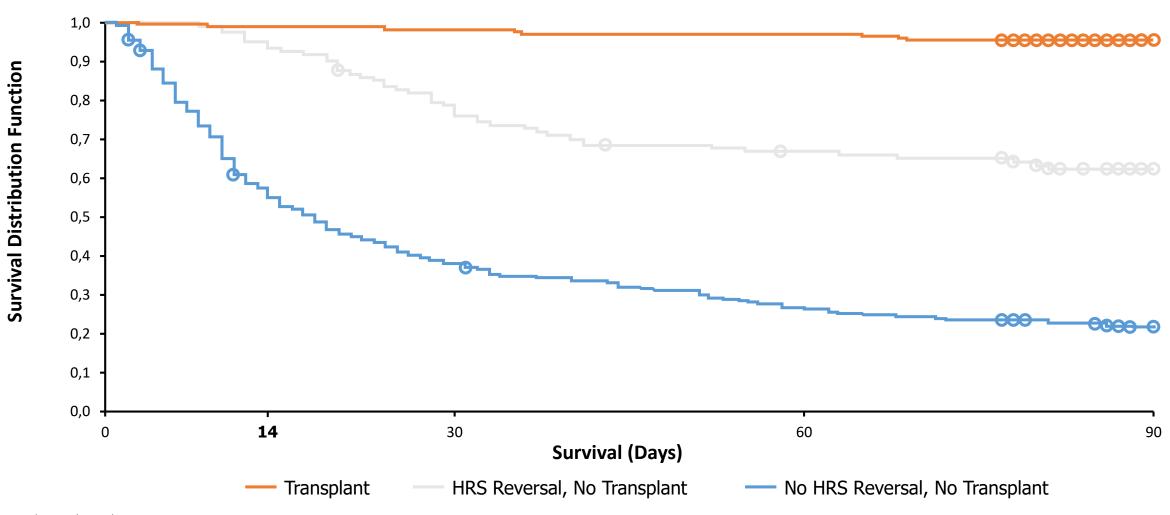




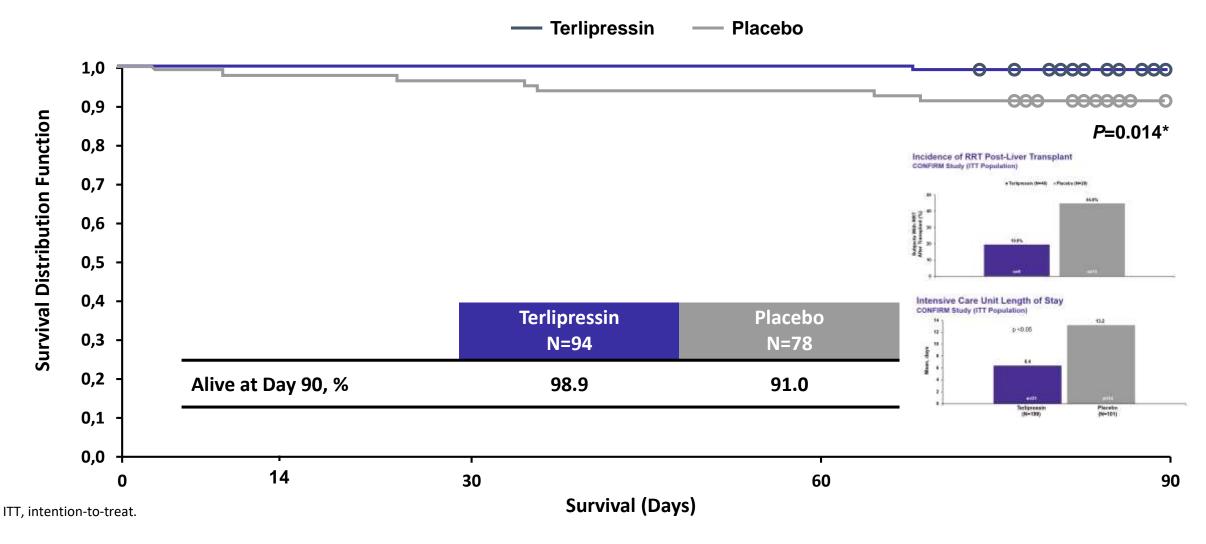
Norepinephrine is widely available and an affordable option.

CONFIRM Study (Pooled ITT Population)

Overall Survival up to 90 Days by Transplant and HRS Reversal Status



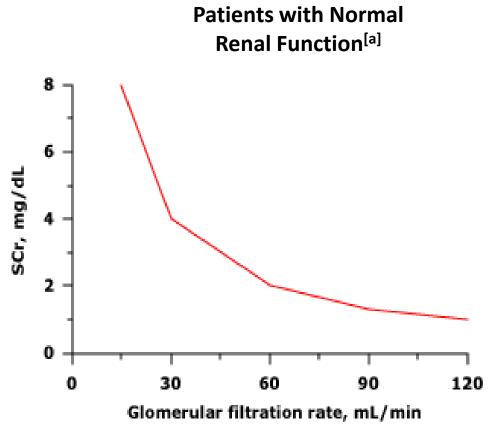
CONFIRM Study (Pooled ITT Population) Survival of Transplanted Subjects Through Day 90

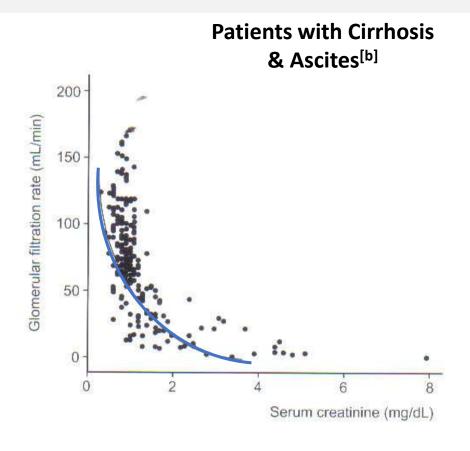


 ^{*}The P-value comparing the survival estimates is from a 2-sample log-rank test.
 Wong F, et al. N Engl J Med. 2021;384:818-828.; Lee BP, et al. JAMA Intern Med. 2019;179:340-348.

Relationship Between SCr and GFR in Patients With Cirrhosis

- SCr historically lags behind renal function whether getting worse or better
- SCr 1.5 g/dL corresponds to GFR of ~30 mL/min





• a. Inker LA, Perrone R. Assessment of kidney function. In Sterns RH, ed. UpToDate; 2022. Accessed June 18, 2022. https://www.uptodate.com/contents/assessment-of-kidney-function. b. Arroyo V, et al. J Hepatol. 2007 May;46:935-46.

GFR, g
 Courte

Using SCr to Measure Renal Function

Pros



- Easily obtainable^[a]
- Inexpensive^[a]
- Repeated measurements seem to be reliable
- Included in MELD score^[a]

Cons

- Overestimates GFR^[a-c]
 - Decreased creatine
 - Low muscle mass
 - Poor protein diet
 - High urine secretion
- Low sensitivity
- Interlaboratory variability



MELD, model for end-stage liver disease.

a. Piano S, et al. Liver Int. 2017; 37(Suppl. 1):116-122; b. Cárdenas A, Ginès P. Curr Opin Crit. Care. 2011;17:184-189; c. Francoz C, et al. J Hepatol. 2016;65:809-824.

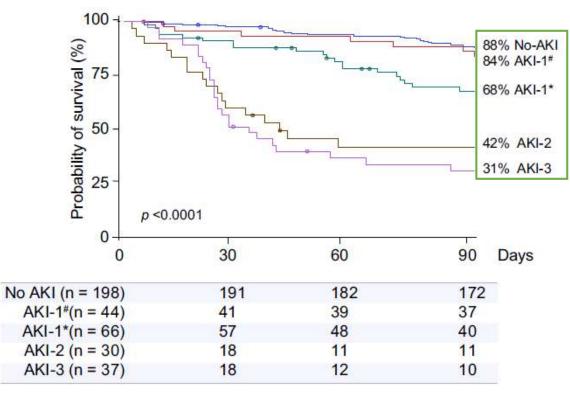
AKI in Patients With Cirrhosis: IAC Definitions

Criteria	Definition		
Baseline SCr	SCr obtained within 3 months prior to admission If > 1 value within the previous 3 mo, the value closest to the admission If no previous SCr, the SCr on admission should be used		
Progression of AKI	Progression of AKI to a higher stage and/or need for RRT Regression of AKI to a lower stage		
Response to treatment	No response No regression of AKI	Partial response Regression of AKI stage with a decrease in SCr to ≥ 0.3 mg/dL (≥ 26.5 μmol/L) above baseline	Full response Return of SCr to a value within 0.3 mg/dL (≥ 26.5 μmol/L) of baseline

Assessment of AKI Classification in Cirrhosis

Prospective Studies in Nonselected Hospitalized Patients

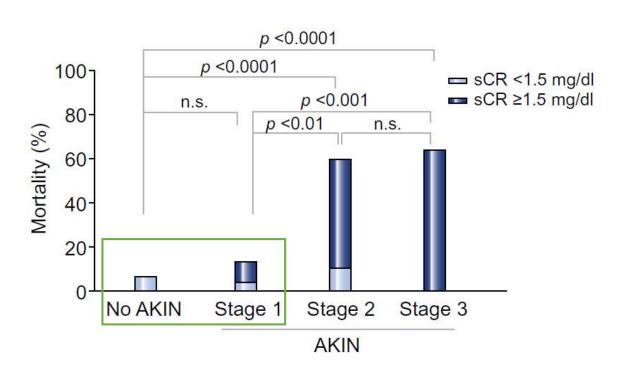
Survival according to AKI stage^[a]



AKI 1A: peak creatinine ≤ 1.5 mg/dL

AKI 1B: peak creatinine > 1.5 mg/dL

Peak Acute Kidney Injury Network (AKIN) stage and in-hospital mortality^[b]



HRS non-AKI (NAKI)

HRS type 2

 Gradual increase in serum creatinine, not meeting criteria above

HRS-NAKI

HRS-AKD

- Estimated glomerular filtration rate <60 mL/min/1.73 m² for <3 months in absence of other potential causes of kidney disease
- Percentage increase in serum creatinine <50% using last available value of outpatient serum creatinine within 3 months as baseline value

HRS-CKD

Estimated glomerular filtration rate <60 mL/min/1.73 m² for ≥3 months in absence of other potential causes of kidney disease

NAKI, non acute kidney injury.
 Simonetto DA, et al. BMJ. 2020;370:m2687.

Main Types of AKI in Cirrhosis

Differential Diagnosis

Hypovolemia:

diuretics, GI bleeding, diarrhea

Nephrotoxicity:

NSAIDs, others

AKI-HRS

often associated with bacterial infections

Intrinsic renal disease

Acute tubular necrosis:

shock, nephrotoxic drugs, other (eg, obstruction)

Miscellaneous, unknown

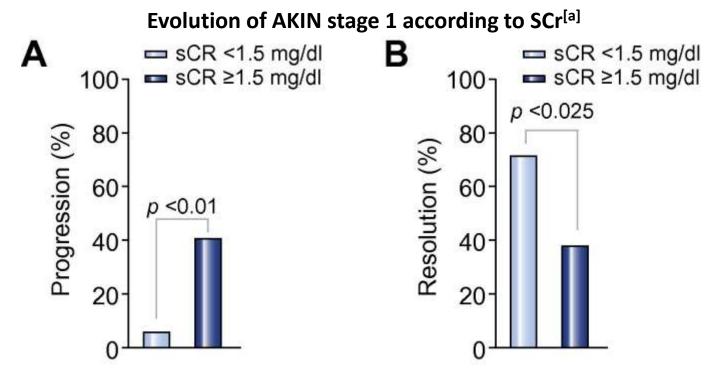
• GI, gastrointestinal; HRS, hepatorenal syndrome; NSAID, nonsteroidal anti-inflammatory drug. Graupera I, Cardenas A. Clin Liver Dis. 2013;2:128-131.

Pathogenic Mechanisms of HRS

- ✓ Systemic hemodynamics
- ✓ Systemic inflammation/immune dysfunction
- ✓ Bacterial infection
- ✓ Volume loss secondary to gastrointestinal bleed, diuretics, diarrhea, large volume paracentesis
- ✓ Bile cast nephropathy
- ✓ Nephrotoxicity/tubular damage

AKI and Cirrhosis

- AKI is associated with high morbidity and mortality and an increased incidence of CKD after liver transplantation
- Progression through stages strongly correlates with increased mortality
- Cut-off of 1.5 mg/dL identifies patients at risk



a. Piano S, et al. J Hepatol. 2013;59:482-9; b. Fagundes C, et al. J Hepatol. 2013;59:474-481.

AKIN, Acute Kidney Injury Network.

Acute Impairment of Kidney Function in Cirrhosis

Traditional criteria

(IAC criteria)

- 50% increase in SCr over baseline
- Cut-off value of SCr: 1.5 mg/dL (133 μmoL/L)

Current definition

AKI

↑ in SCr ≥ 0.3 mg/dL (≥ 26.5 mmol/L) within 48 hours or ≥1.5 times baseline level or urinary output <0.5 ml/kg/hr in 6 hr</p>

- IAC, International Ascites Club.
 - a. Angeli P. J Hepatol 2019;71:811-822; b. European Association for the Study of the Liver. J Hepatol. 2018;69:406-460.